

ACTIVITY:

6 Word Story

COGENERATE

INNOVATOR: Damon McLeese

ORGANIZATION: Access Gallery

ACTIVITY OVERVIEW

Activity: 6 Word Story

- This activity encourages participants to share as they feel comfortable.
- It's a simple way to start conversations
- Often credited to Ernest Hemingway, with various versions existing

FOUR PRINCIPLES

- Creating a Spark
- Building Meaningful Relationships
- Valuing Each Generation's Gifts & Perspectives
- Sharing Power

ACTIVITY STEPS

1. Write a story about yourself, a current or present situation, using only 6 words.
2. Do not just string 6 words together truly try to make a story.
3. Share your story with someone or to the whole group.
4. The insights we gain from people are astounding. We often find common ground or at least this opens up the discussion in a way that is not about your job or what you do but rather who you are.
5. **My example** is this story I wrote after injuring my back and being unable to work for 2 months. **Ran into a wall started walking.**
6. It is a fun simple exercise that is also reflective and does not need any preparation.

RESOURCES REQUIRED

Participants will need to share verbally.